



Medical Home Plus
8719 Forest Hill Avenue
Bon Air, VA 23235

<http://www.medicalhomeplus.org>

**4th Annual Conference
Strong Roots for a Healthy Future**

July 11, 2009

The Hotel Roanoke & Conference Center
Roanoke, Virginia

<http://www.cpe.vt.edu/srhf>



Fourth Annual
Statewide Conference

Strong Roots for a Healthy Future

July 11, 2009

The Hotel Roanoke & Conference Center
Roanoke, Virginia



Medical Home
Plus

resources, outreach and community based support for all of us

PARTNERS



Southwest Virginia AHEC



Commonwealth of Virginia Department of
Mental Health, Mental Retardation
and Substance Abuse Services

Department of Behavioral Health and
Developmental Services (BHDS, formerly DMHMRSAS)



United Way of Greater
Richmond & Petersburg



Virginia Chapter



Federation of Families

CONFERENCE SPEAKERS

Catherine Burzio

Transition Coordinator, Parent Educational Advocacy
Training Center

Donna Dent, L.P.C.

Service Director for Outpatient Services, Blue Ridge
Behavioral Healthcare

Eileen Hammar

Community Support Specialist, Virginia Commonwealth
University, The Partnership for People with Disabilities

Debra Holloway

Family Involvement Project Manager, The Arc of Virginia

Mark Howard

Operations Manager, Snowden Hospital

Dana Jackson

Program Services Director, Blue Ridge Independent
Living Center

Colleen Kraft, M.D.

Medical Director, Medical Home Plus

Michael Manos, Ph.D.

Chief of Pediatric Behavioral Medicine, The Cleveland Clinic

James McCord, C.L.T.C.

Agent, Prudential Insurance Company of America

Sereina Paynter

Service Director, Child and Adolescent Therapeutic Day
Treatment Program, Blue Ridge Behavioral Healthcare

Brett Sharp, M.D.

Child Psychiatry and Pediatrics, Carilion Clinic

Gina Wilburn

Child and Family Services Director, Blue Ridge
Behavioral Healthcare

Cheryl Wilkinson, L.C.S.W.

Service Director for Outreach Services, Blue Ridge
Behavioral Healthcare

PROGRAM SCHEDULE

Friday, July 10

5:30–7:30 pm Early Registration and Networking
Reception

Saturday, July 11

8:00 am Registration/Exhibits/Breakfast

GENERAL SESSION

8:45–8:55 Welcome

8:55–9:00 Introduction • Dr. Colleen Kraft

9:00–10:15 Plenary—*ADHD: A Primer for
Today* • Dr. Michael Manos

10:15–10:30 Break/Exhibits

10:30–11:45 Workshops Session 1

- Regs Update (Jackson)
- Trusts (McCord)
- Preventing Family Crisis (Wilburn,
Paynter, Dent, Wilkinson)
- Systems of Care (Sharp)
- Medicaid Waiver Update (Holloway)

11:45–12:15 Break /Exhibits

12:15–1:15

Lunch—*no children please*

1:15–1:30

Break/Exhibits

1:30–2:45

Workshops Session 2

- Transition (Burzio)
- Systems of Care (Sharp)
- Parent Training [i] (Howard)
- Preventing Family Crisis (Wilburn,
Paynter, Dent, Wilkinson)
- Person-Centered Individualized
Education Programs (Hammar)

2:45–3:00

Break/Exhibits

3:00–4:15

Workshops Session 3

- Regs Update (Jackson)
- Trusts (McCord)
- Parent Training [ii] (Howard)
- Transition (Burzio)
- Medicaid Waiver Update (Holloway)

GENERAL SESSION

4:30 pm Evaluations/Door Prizes

About the Conference

This conference is designed to help improve systems of service delivery in Virginia through forming and cultivating partnerships and increasing family involvement. Attendees will include physicians. Families of children with special health care needs, nurses, other health professionals, educators, and service coordinators will also attend.

The goals are to:

1. Develop skills relating to locating and accessing community support and services for children and youth with special health care needs.
2. Educate all those who care for children with special health care needs and keep them apprised of related medical advances.
3. Strengthen leadership skills in systems change and advocacy for children and youth with special health care needs.
4. Network with young self advocates and families of children and youth with special health care needs and providers/colleagues.

Objectives

1. List behavioral interventions that can be taught by a primary care physician that will improve the success of children with ADHD.
2. Discuss services that are available through Virginia's community resources which will help families.
3. Implement strategies that will improve family participation in the treatment of children with behavioral health conditions.

Workshops

You will only be able to attend one workshop per session. Please indicate first, second and third choice for workshops in each session. Sessions will be assigned on a first come, first served basis.

On-site Child Care

We are happy to announce that once again on-site child-care will be provided at the hotel by professional childcare providers from 7:30 am to 4:30 pm. Advanced registration is required. Space is limited and will be provided primarily to children/youth with special health care needs. Typically developing siblings may also be accommodated, depending on available space and needs. Due to limited funding, we will also be asking families to provide all necessary food, drink and toys for their child/children. The fee for this service will be \$10/child; there are a limited number of scholarships available. Register for the conference and indicate if you need child care. Each family requesting childcare will be contacted to assess needs, review provisions, and answer any questions.

Accreditation and Credit Designation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of Virginia through joint sponsorship of Carilion Clinic's CME Program and Medical Home Plus, Inc. Carilion Clinic's CME Program is accredited by The Medical Society of Virginia to provide continuing medical education for physicians. Carilion Clinic's CME Program designates this educational activity for a maximum of **5 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

All participants successfully completing the conference will receive .8 Continuing Education Unit (CEU).

Registration and Cancellation Policy

The conference fee for a family member or direct caregiver is \$25 per person. The fee for physicians is \$195 per person, or \$100 per person for Virginia Chapter AAP members. The fee for other professionals is \$100 or \$75 for students or residents, per person. To register, complete the attached form and return with payment by **June 26**. Or, you may register online at www.cpe.vt.edu/srhf. After June 26, please confirm space availability with the conference registrar at 540-231-5182.

REFUND and CANCELLATION POLICY: Requests for refunds will be honored when received in writing by June 26. However, another person may be substituted at any time for this program. A \$25 administrative fee will be deducted for cancellations. In the unlikely event that this program is cancelled or postponed due to insufficient enrollments or unforeseen circumstances, the university will fully refund registration fees but cannot be held responsible for any other expenses, including cancellation or change charges assessed by airlines, hotels, travel agencies, or other organizations.

Location and Lodging

The conference will be held at The Hotel Roanoke and Conference Center, located at 110 Shenandoah Avenue in Roanoke, Virginia. This downtown facility is conveniently connected to the Market District by a covered walkway.

A block of lodging rooms is being held at a special conference rate of \$96 per night for single occupancy, or \$116 for double occupancy (plus \$10 for each additional person in the room), plus tax. Lodging rooms will be held until the block fills or until **June 19**. To reserve your lodging room, contact the The Hotel Roanoke and Conference Center toll free at (866) 594-4722 or directly at (540) 985-5900. Be sure to mention that you are with the *Strong Roots for a Healthy Future* conference when making your reservations.

If any participant of the Fourth Annual *Strong Roots for a Healthy Future* program by Medical Home Plus is in need of accommodation for a disability, please contact MHP at 804-330-5030 no less than 15 days prior to the day of the activity and we will make our best effort to provide service.

Registration

4th Annual Strong Roots for a Healthy Future • July 11, 2009



Registration available on-line at: <http://www.cpe.vt.edu/srhf/>

Please print or type information as you would like it to appear on your name badge—complete a separate form for each participant

Name _____

Title _____

Organization _____

Org. FID#* _____

Address _____

City _____ State _____ Zip _____

Daytime Phone _____

E-Mail _____

Fax _____

Signature _____

Registration Fees:

- ☐ \$25 Family Member or Direct Caregiver
- Parent, grandparent, foster parent, legal guardian of child with special health care needs/disabilities
 - Youth self-advocate
 - Childcare provider, family home childcare provider, childcare center director
 - Home health provider, personal assistant, respite care provide
 - Student
- Please contact Medical Home Plus at 804-330-5030 if you need assistance paying this fee.

☐ \$195 Physician

☐ \$100 Virginia Chapter AAP Members

☐ \$100 Professionals

- Nurse, nurse practitioner
- Therapist (physical, occupational, speech/language, mental health, etc.)
- Service coordinator/social worker
- Part C provider
- Local/state/federal agency staff
- Teacher (other than preschool)
- For-profit and non-profit organization staff
- Other professional (attorney, insurance, etc.)

☐ \$75 Student or Resident

Physicians and Healthcare Providers ONLY

Only for Continuing Medical Education (CME) credit request

Soc. Sec. Number Last 4 Digits _____

Firm/Institution _____

Degree _____

Do you require child care on July 11? ☐ Yes ☐ No

Do you plan to attend:

Reception 5:30 – 7:30 pm on July 10? ☐ Yes ☐ No

Breakfast on July 11? ☐ Yes ☐ No

Lunch on July 11? ☐ Yes ☐ No

Do you require vegetarian meals? ☐ Yes ☐ No

Please indicate your first, second, or third choice for each SESSION WORKSHOP with a 1, 2 or 3:

Session 1 • 10:30-11:45 a.m.

- | | |
|--|--|
| <input type="checkbox"/> a. Regs Update | <input type="checkbox"/> d. Systems of Care |
| <input type="checkbox"/> b. Trusts | <input type="checkbox"/> e. Medicaid Waiver Update |
| <input type="checkbox"/> c. Preventing Family Crisis | |

Session 2 • 1:30–2:45 p.m.

- | | |
|---|---|
| <input type="checkbox"/> a. Transition | <input type="checkbox"/> d. Preventing Family Crisis |
| <input type="checkbox"/> b. Systems of Care | <input type="checkbox"/> e. Person-Centered Individualized Education Programs |
| <input type="checkbox"/> c. Parent Training [i] | |

Session 3 • 3:00–4:15 p.m.

- | | |
|--|--|
| <input type="checkbox"/> a. Regs Update | <input type="checkbox"/> d. Transition |
| <input type="checkbox"/> b. Trusts | <input type="checkbox"/> e. Medicaid Waiver Update |
| <input type="checkbox"/> c. Parent Training [ii] | |

Method of Payment:

☐ Check Enclosed. Make payable to: Treasurer, Virginia Tech CPE

☐ Credit Card: ☐ VISA ☐ MasterCard ☐ AmEx

Card No. _____ Exp. Date _____

Cardholder's Name _____

Signature _____ Date _____

Return with payment by June 26 to:

Conference Registrar
Continuing and Professional Education
702 University City Boulevard
Virginia Tech, Mail Code 0272
Blacksburg, VA 24061

phone: (540) 231-5182, fax: (540) 231-3306 (for credit card registrations only)

The information you provide is subject to the Freedom of Information Act guidelines.

*FID # necessary to process refunds payable to any company, agency or government.

For Office Use Only	
Received	AMT: _____
	CHK#: _____
	DATE: _____

Virginia Tech does not discriminate against employees, students, or applicants for admission or employment on the basis of race, gender, disability, age, veteran status, national origin, religion, sexual orientation, or political affiliation. Anyone having questions concerning discrimination should contact the Office for Equal Opportunity.